

CORONATION ROAD
 PETERCULTER
 ABERDEEN
 AB14 0RP
 Tel. No. 01224 733535

Welcome to our Practice!

To enable us to provide you with appropriate healthcare, we would be grateful if you could complete the following questionnaire. You will then be asked to make an appointment with our nurse who will carry out a basic health screen. Patients who are on regular prescribed medication should make an appointment to see one of the doctors at the practice. Thank you for your co-operation.

Drs Harris, Owen, Howarth, McMain, Sudder and Ede

PERSONAL DETAILS

| | | |
|-----------------------------------|----------------|--------|
| Title (Mr, Mrs, Miss, Ms, Dr etc) | Date of Birth | _____ |
| Name | Nationality | _____ |
| Address | Marital Status | _____ |
| _____ | Occupation | _____ |
| _____ | Tel. No.: Home | Office |
| _____ | | |

Which Ethnic Group do you belong to? You are not obliged to complete this section

White
 Chinese
 Indian
 Bangladeshi
 Pakistani
 Black-African
 Black-Caribbean
 Other (Please State)
 I do not wish to give this information

Have you **ever** smoked cigarettes or tobacco? **YES** **NO** (Please circle)

If you have answered '**YES**' to the above question, please answer **either** a) or b) below:

a) How many cigarettes do you smoke in a day? _____ (Please write in number)

Do you wish to give up smoking? **YES** **NO** (Please circle)

Have you ever been given advice on how to give up smoking, e.g. advice leaflets or counselling? **YES** **NO**

b) Have you stopped smoking? **YES** **NO** _____ (Enter date stopped)

How many cigarettes did you smoke in a day? _____

How many units of alcohol do you estimate you consume in one week? _____ Units (Please write number)

1 unit of alcohol = 1 measure of spirits (whisky, gin, vodka, brandy) or 1 small glass of wine or ½ pint of beer or lager

Have you ever been advised to stop drinking or to reduce the amount of alcohol you drink? **YES** **NO**

Do you exercise regularly? **YES** **NO** (Please Circle)

If **YES** what do you do? _____ How Often? _____

FOR WOMEN ONLY

Date and result of last smear _____ Number of Pregnancies _____

Do you use any of the following methods of contraception? (Please tick box and give information if known)

Contraceptive Pill IUCD Implant Depo Injection

Further Information: _____

Do you have a family history (Mother, Father, Brother, Sister) of:

(Please circle)

Elaborate (Mother, Father, etc, giving age when diagnosed)

| | | | |
|---------------|------------|-----------|-------|
| Cancer | YES | NO | _____ |
| Heart Disease | YES | NO | _____ |
| Stroke | YES | NO | _____ |
| Diabetes | YES | NO | _____ |
| Asthma | YES | NO | _____ |
| Epilepsy | YES | NO | _____ |

If your parents are still alive, are they in good health?

| | | | |
|--------|------------|-----------|-------|
| Mother | YES | NO | _____ |
| Father | YES | NO | _____ |

If your parents are dead, at what age did they die and from what?

| | | |
|--------|------------|----------------------------------|
| | AGE | CAUSE OF DEATH (if known) |
| Mother | _____ | _____ |
| Father | _____ | _____ |

YOUR OWN MEDICAL DETAILS:

Do you personally suffer from:

(Please circle)

Elaborate

| | | | |
|---|------------|-----------|-------|
| Allergies | YES | NO | _____ |
| Asthma/Chronic Obstructive Pulmonary Disease (COPD) | YES | NO | _____ |
| Diabetes | YES | NO | _____ |
| Heart Disease/Angina | YES | NO | _____ |
| Raised Blood Pressure | YES | NO | _____ |
| Epilepsy | YES | NO | _____ |
| Stroke | YES | NO | _____ |
| Under/Overactive Thyroid | YES | NO | _____ |
| Raised Cholesterol | YES | NO | _____ |
| Cancer | YES | NO | _____ |
| Mental Health problems, e.g. depression | YES | NO | _____ |
| Any other medical conditions | YES | NO | _____ |

Previous medical history: Operations, hospital admissions, major illnesses. (Please give dates)

List any medication you are currently taking: (Prescribed and/or over the counter)

Are you taking any supplements (eg iron, vitamins, calcium etc)

Did you have a Flu Vaccination in the preceding 1 September to 31 March?

YES **NO** Please enter date

| | | | |
|----------------------|--------|------|--------------|
| Do you have a Carer? | YES/NO | Name | Relationship |
|----------------------|--------|------|--------------|

| | | | |
|------------------|--------|---------------|--|
| Are you a Carer? | YES/NO | If Yes | a) Relationship of person you look after |
|------------------|--------|---------------|--|

| | |
|--|---------------|
| b) Do you require Carer's Needs Assessment | YES/NO |
|--|---------------|